Bren J Fraser M.A. MFT 45649 Licensed Marriage and Family Therapist

805-965-0448

Legal Name	
Date of Birth:/	
	M • F • Intersex
	her
	• She/Her/Hers • They/Their/Theirs • Other
Do you have a faith-base	ed or spiritual practice?
Mother's name:	
Phone # :	Email:
Street Address:	
Mother's name:	
	Email:
Street Address:	
Father's name:	
	Email:
Father's name:	
	Email:
Street Address:	

Client resides with: Check all that apply:

When was the last time your child had a Physical?

Date:	
Physician's Name:	Physician's Phone #:
Psychiatrist's Name:	_Psychiatrist's Phone #:
Medical conditions:	
Allergies:	
Medications:	
School environment:	
• Mainstream classroom • Independent	or home study • Resource class • CTE
• IEP/504 plan • Continuation school	• Speech/occupational
• Special Day class therapy • Dislikes	s school • Tries, but does not do well
• Unmotivated • Learning problems •	Missed many school days
• Gifted program • Repeated a grade	• Discipline referrals
• Suspensions, how many?	• Expulsion, how many?
School name, grade & most recent teach	
	1.11. 1 1. 0
What extracurricular activities is your c	hild involved in?
What does your child enjoy?	
How much "screen time" does your chil	ld have on daily basis? (TV, phone, computer,
ipad, gaming?)	
Do you eat meals together as a family?	If so, how often?
Do you eat means together as a family?	ii so, now often?
What activities do you do together as a	family?
How much sleep does your child get per	r night?

What do you like about your child?

Symptom Checklist

•	Unreso!	lved	abuse/	neg]	lect	issues
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- Unresolved grief/loss
- Excessive sadness
- Loss of enjoyment of usual activities
- Irritability
- Withdrawn, isolating
- Feelings of emptiness
- Low self-esteem
- Tiredness, fatigue
- Difficulty sleeping
- Thoughts/attempts of suicide
- Expressing a wish to die
- Poor concentration
- Excessive worry
- Excessive fears (phobias)
- Panic
- Nervousness
- Repeating an act over and over that is unnecessary (e.g., washing, checking, counting)
- Overly concerned about germs, safety, or health
- Excessive need for order, cleanliness
- Overly concerned with details
- Paranoia

- Weight loss/gain
- Binge eating
- Not eating to lose weight
- Trying to lose weight by vomiting or exercising excessively
- Poor body image
- Hearing voices
- Seeing things that aren't there
- Disorientation
- Nightmares
- Sleepwalking
- Hair-pulling
- Excessive physical pain
- Impulsivity
- Difficulty finishing tasks
- Difficulty paying attention
- Excessive daydreaming
- Twitching or unusual movements
- Running away
- Sneaking out at night
- Stealing
- Lying
- Abusive to animals
- Recurring problems with the law
- Destroying property

Over-reactive	Cigarette use				
• Temper outbursts	Alcohol use				
• Argumentative	• Drug use				
• Defiant	Bedwetting/daytime wetting				
• Swears/uses obscene language	Soiling in pants				
• Blaming	Age-inappropriate interest in sex				
• Violent impulses	• Questions/concerns about sexuality				
Harmful to others	• Participating in high-risk sexual activity				
• Periods of time with very high energy	Questions/concerns about gender or				
level	gender expression				
• Mood swings	Relationship problems				
• Talking or thinking too fast	Overly sensitive to criticism				
	Difficulty trusting				
Please describe any notable mental health or behavioral issues of family/relatives					
What else do you want me to know about you or your child?					
Signature:	Date:				

Signature: ______Date: _____